

BANNATYNE AVE

9 **168 K9 Storm** • It's wet outside—come in for your waterproof leash!

10 **212 Unit 204 Winnipeg's Contemporary Dancers** • Door at 7pm, performances at 7:30pm: *Social Night and Season Launch*. Fundraising social with dance performances, raffle prizes, reception, cash bar, and the 2019-2020 season launch! \$15 /advance, \$20/door. Ticket info: 204 452 0229.

CUMBERLAND AVE

11 **329, Unit 1 C2 Centre for Craft** • 5-9pm Opening Reception: *Tracing Paths*—the craft of Lin Xu and Paul Robles curated by Steven Leyden Cochrane.

DONALD ST

12 **374, 2nd Fl. Skullspace** • Winnipeg's hackerspace/geekdom. (Look for the 'sksp' doorbell on the outer door's frame)

HIGGINS AVE.

13 **10 Higgins Studios** • 3:30-8:30pm: *Pop-up Market and Open Studio*. 15+ artists & makers. Paintings, conceptual art, prints, ceramics, jewelry, fibre art, furniture, upcycled items, leather work, metal work, soap & bath products, baking, and more! Music, refreshments/Free admission & parking.

JAMES AVE

14 **132, Unit 102 Rubia Darya Gallery** • 6:30-9pm: Hand woven rugs by nomadic women of Central and W. Asia from 40 to 140 years ago.

MAIN ST

15 **389 New Millennium Centre** • 11am-2pm: Spanish Vegan Pop Up by *The Other Concept*. Featuring vegan food and smoothies by WOW Catering and vegan desserts by Le Monkey Bar

16 **468 Parlour Coffee** • Open to 8pm.

17 **564 Sk8 Skates** • Come check out our new space! Mention First Friday's to receive 25% off clothing and shoes, and a free gift from Vans! No purchase necessary.

18 **592 Pebble and Dime Shop** • One of a kind, ethically made clothing and accessories. **Callen Froese** • An exhibition of recent illustration and collage works.



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PARKING

Free street parking after 5:30pm. Parking also available in lots and parkades. Or we encourage you to ride your bike, walk or take public transit!

EXCHANGE BIZ FOOT PATROL

Need a safe walk? Call the Exchange BIZ foot patrol at (204) 791-3161 and they'll walk you to your car or Exchange District destination.

Cover and interior photos: Karen Schulz
Back cover photo: Nicole Shimonek

FIRST FRIDAYS IN THE EXCHANGE

505-63 Albert Street, Winnipeg MB, R3B 1G4

Find more detailed descriptions at
FIRSTFRIDAYSWINNIPEG.ORG



MAY 3

5-9pm (and later*)

*Participants are open 5-9pm unless otherwise indicated

FIRSTFRIDAYSWINNIPEG.ORG

FIRST FRIDAYS IN THE EXCHANGE

takes place on the first Friday of every month, year-round! Experience one of the most engaging and inspiring arts events Winnipeg has to offer. Enjoy gallery openings, talk to artists who inhabit the District's heritage buildings, grab a delicious bite at a café or restaurant and explore the numerous unique shops.

ADELAIDE ST

1 **125, 2nd Fl. cre8ery** • 12-9pm: John Izzard- *Treemendous*. **2nd Fl. Paz Gallery** • Paintings by Shosh Shalev-Minuk.

ALBERT ST

2 **62, 4th Fl. Artbeat Studio** • 5-9pm Opening Reception: *Imagine* by Brendan Rock.

3 **63, Unit 210 Kathleen Crosby Gallery** • New works for spring! Wine and cheese! **Unit 403**

Brazen Studio • Cory Derksen-collage. Shena Alcock- mixed media. Nora Turenne-paintings.

Unit 406 Evolve Studio • 6-8:30pm. 7pm: Free 30 mins. Yoga with Bernie, plus-sized instructor. Beginners welcome! Spaces limited. Pre-register: soulfitnessmb@gmail.com. Drop-ins welcome / mats available. Try an Energy Healing with Sheri for \$10. Mini handmade spirited jewelry pop-up.

Unit 505 Karen Schulz • Watercolours, prints. Noel Bebee • Digital paintings.

4 **65 Fleet Galleries** • 5:30-7:30pm: New works by Lilian Bonin.

5 **70, Unit 210 Vantage Vintage** • 11am-late: Joined by Worn Thin Vintage. 'We've got a slick selection of vintage apparel for modern folk!'

ARTHUR ST

6 **54 Toad Hall Toys** • Winnipeg's premiere toy store.

7 **70, Unit 202 Zellco Productions** • Producing content from theatrical to online.

8 **100, main Fl. Cinematheque** • Architecture & Design Fest films: 7pm-Renzo Piano: *The Architect of Light*. 9pm-Gaming *The Real World*.



MAIN ST

- 19 **611 MAWA** • noon-1pm First Friday Lecture: *Pink is Everywhere* with Barb Hunt. How artists have employed this hue to carry a subversive message. 6-9pm Opening: *The Mothership*. Back to the mothership! The Artist Mothers at MAWA invite you to an out-of-this-world group exhibition about motherhood. These events are free/ everyone is welcome!
- 611 **The Edge Gallery** • 7-10pm: Michael Rollins, LA-based video and installation artist. Presented by Lisa Kehler Art + Projects & the Edge Gallery.

MCDERMOT AVE

- 20 **171 Forth Café + Bar** • Main cafe and Front patio open until 10pm. Basement cocktail bar open until 2am. And....we're opening the ROOF! 4-10pm!

- 21 **212 Mayberry Fine Art** • 5-9pm, Solo Exhibition: *Made For Paint* Sheila Kernan. Artist in attendance. Free, all welcome.
- 22 **217 Tiny Feast** • Open late! Unique Mother's Day cards and thoughtful gift ideas.
- 23 **222 Warehouse Artworks** • 5:30-9pm Opening: *Pause*-Lisa Bissett
- 24 **237 The News Café** • 5:30-9pm Art Talk/Art Walk: *Art Works and Art as Work*. On the 100th anniversary of the Winnipeg General Strike, artist Kristin Nelson talks about art, labour and value, overlooked objects and undervalued work, and her fascination with time-intensive processes. Reserve & pre-order: 204.421.0682.
- 25 **245, 4th Fl. Creative MB** • 6-9pm: WAVE- the *Interlake Artists' Studio Tour Guide Launch*. Readings

from WAVE artists' published books, book signings, local musicians, snacks and wine. Start planning your WAVE art road trip! Free & open to the public.

- 26 **246 A tara davis studio boutique** • Open to 9pm. Quality goods made with love in Canada. 5-9pm: Kaliyana (clothing) launch!
- 26 **246 B Lennard Taylor Design Studio** • High-quality, fashion-forward women's clothing.
- 27 **250 Sutton Smithworks** • SPRING BLING EVENT- flash sale, refreshments, festivities and prizes to be won.
- 28 **266 Winnipeg Architecture Foundation** • 7-9pm: Architecture+Comics: *Canadian Cartoonists and the City*
- 29 **290, 2nd Fl. aceart** • 7pm Artist Talk: *Sparks* by Sharon Alward, Canadian video and performance artist. Current exhibition: *Embodiment* -Connie Chappel.
- 3rd Fl. Bear face General Store** • Paper products, patches, pins. **6th Fl. Northlore** • Open 1-9pm. Botanical bodycare -non-toxic, ethical, sustainable.

PACIFIC AVE

- 30 **209 The Hardcore Surf and Paddleboard Co.** • Central Canada's only dedicated Stand Up paddleboard and surf shop for beginners & pros.
- 31 **211 LANTERN Fine Art** • 7-11pm: *PLANE // SIGHT*- new works by Dee Barsy and Laura Payne.
- 32 **213 Ching Wu** • 6-7:30pm: Shaolin Kung Fu Class.

PRINCESS ST

- 33 **123 Clementine Restaurant** • 5-11pm: Burger pop-up with a menu of 6 burgers (and a vegan option!), sides, wine, beer and cocktails. A portion of the sales donated to Art City.

- 34 **160 Red River College** (Buhler Learning Commons) • 5-8pm: *Digital Media Design Open House*. Show +Sale of the latest digital works from RRC graduates.

WATERFRONT DR

- 35 **270 Anchor Massage Therapy** • Sculpture and paintings by Louis Bako.

WILLIAM AVE

- 36 **336 Little Brown Jug Brewing Co.** • 8-11pm: *Eccentric Beats*-A night of Synth Pop, EBM, New Wave and Post Punk DJ'd by members of the local music scene. Black clothing encouraged.
- 37 **BIJOU PARK** (next to Old Market Square) • 5-9pm: *Design Quarter Winnipeg's 2nd Anniversary Celebrations!* POP UP BOX shipping container, screening *Archishorts* from the 2018 Architecture + Design Film Festival, with free LBJ beer samples + popcorn!

FIRST FRIDAYS

DINE YOUR WAY THROUGH THE EXCHANGE

Table for Two

RESTAURANT RAFFLE

Grand Prize: Gift certificates of Dinner for Two across restaurants of Winnipeg's Historic Exchange District.

FEATURED RESTAURANTS:
Acorn Cafe - Amsterdam Tea Room - Chosabi Asian Eatery - Clementine Restaurant - Cordova Tapas & Wine - Forth Cafe - King + Bannatyne - WOW Catering

TICKETS: \$20 ONLY 200 TICKETS SOLD AND WINNER TAKES IT ALL!

WINNER ANNOUNCED: June 7, 2019

PURCHASE TICKETS: www.firstfridayswinnipeg.org

Buy your tickets at our table on the corner of McDermot and Albert on May 3! (Cash and etransfers, \$20 each.) **Only 200 sold and winner takes all!**

Thank you for supporting First Fridays in the Exchange! All proceeds from *Table for Two* Restaurant Raffle will fund our continued operations and programming.

