

**6 91 Josiah Galleries** • 7–11pm. Exhibition and sale of prints and original paintings by Josiah Koppanyi. Prints: \$20 & \$50 framed. Originals: \$500–\$1200. Complimentary espresso, \$2 wine. Free entry.

## ARTHUR ST

**7 54 Toad Hall Toys** • Up for some good dumb fun? Grab a friend or two and try your hand at The 5 Second Rule. Between 7–9pm drop in and see if your brain can beat the clock, and your friends, to win a sweet treat. Oh and bragging rights!

**8 70, Unit 202 Zellco Productions** • Filmmaker Ian Russell discusses his experiences directing the Micro Budget H.G. Lewis inspired horror comedy *The Killing Death* and will have tix for his new movie *Cybernetic Showdown*, premiering at the Park Theatre on Oct. 7th.

**9 100, Main Fl. Cinematheque** • Buy your tix in advance – avoid disappointment! WNDX Festival: 7pm–Films by Nazli Dinçel. 9pm – Shorts: *Who Do You Love?* Unit 523 **Allan Geske** • Showing & selling recent etchings, engravings & a selection of prints from my recent trip to Amsterdam.

## CUMBERLAND AVE

**10 329, Unit 1 C2 Centre for Craft** • 7pm: Conversation with the artist and curator of *Things Fall Apart*: the crafted miniature worlds of Erika Dueck. Curated by Peter Tittenberger. **Unit 102 Arts AccessAbility Network** • 6–9pm. Meet painter José Cabrera, our featured artist of the month.

## DONALD ST

**11 374, 2nd Fl. Skullspace** • Winnipeg's hackerspace/geekdom. Breaking down some of the materials used at our anti-social. (Look for the 'sksp' doorbell on the outer door's frame)

**12 376, Unit 1 Manitoba Music** • 6–8:30pm, MMMERCH FAIR. Shop the scene and browse merch from local bands and musicians, make connections, and discover new favourites! Featuring a pop-up café by Fools & Horses.



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## PARKING

Free street parking after 5:30pm. Parking also available in lots and parkades. Or we encourage you to ride your bike, walk or take public transit!

## EXCHANGE BIZ FOOT PATROL

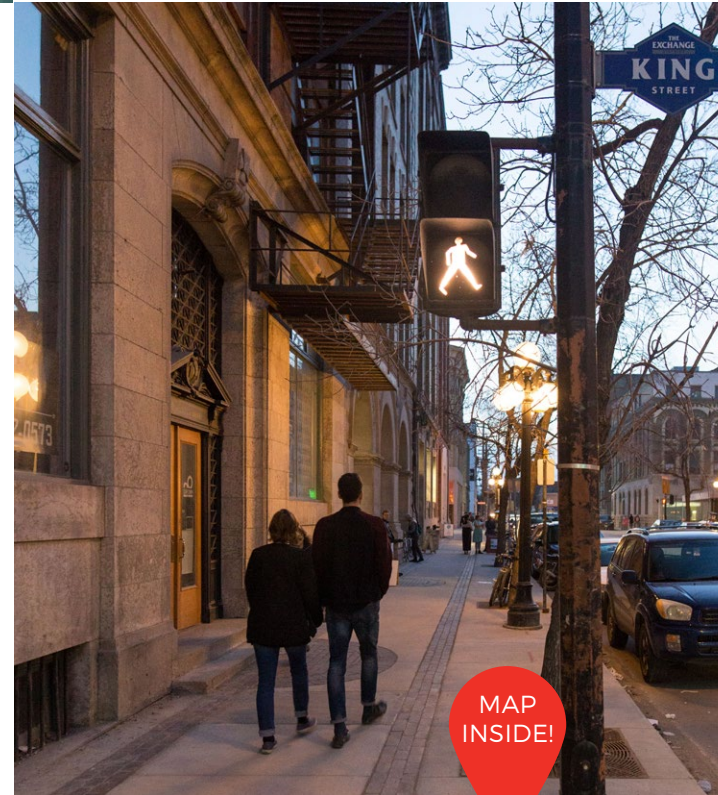
Need a safe walk? Call the Exchange BIZ foot patrol at (204) 791-3161 and they'll walk you to your car or Exchange District destination.

Cover photo: Exchange District BIZ/Mike Peters  
Back cover photo: Melissa Van Soelen

## FIRST FRIDAYS IN THE EXCHANGE

505-63 Albert Street, Winnipeg MB, R3B 1G4

Find more detailed descriptions at  
[FIRSTFRIDAYSWINNIPEG.ORG](http://FIRSTFRIDAYSWINNIPEG.ORG)



# OCTOBER 4

## 5–9pm (and later\*)

\*Participants are open 5-9pm unless otherwise indicated

[FIRSTFRIDAYSWINNIPEG.ORG](http://FIRSTFRIDAYSWINNIPEG.ORG)

## FIRST FRIDAYS IN THE EXCHANGE

takes place on the first Friday of every month, year-round! Experience one of the most engaging and inspiring arts events Winnipeg has to offer. Enjoy gallery openings, talk to artists who inhabit the District's heritage buildings, grab a delicious bite at a café or restaurant and explore the numerous unique shops.

## ADELAIDE ST

**1 125, 2nd Fl. cre8ery** • 5–9pm. *ViewPoints*: Cathie Ugrin, fabric art & Dmitry Kirshner, photography.

## ALBERT ST

**2 62, Lower Level Manitoba Institute of Sculptors** • Work studio for clay & stone sculptors. Showing members' work and giving tours. As a tribute to former member Reid Bricker, many of his works will be on display. **2nd Fl. Albert Street Art Market and Tattoo** • 6pm–9ish. *Drink & Draw* – Bring a project of your own or delve into our still life set up while sipping a bit of punch! All skill levels welcome! **4th Fl. Artbeat Studio** • 5–9pm. Opening reception: *In My Mind* by L.J. Anderson.

**3 63, Unit 210 Kathleen Crosby Gallery** • Original acrylic paintings. **Unit 403 Brazen Studio** • Cory Derksen, collage. Shena Alcock, mixed media. Nora Turenne, paintings. **Unit 505 Karen Schulz**, portraits, prints. **Noel Bebee**, digital paintings.

**4 65 Fleet Galleries On The Wall–Four Artists.** Edward Becenko, James Dixon, Mary Anne Rudy, Sue Gordon.

**5 70, Unit 200 Cloakroom Wellness** • Living mannequins. View Lennard Taylor's Fall Collection in a distinctive way. **Unit 210 Vantage Vintage** • 11am–late! Fresh fall + winter arrivals on the racks. Special guest: KEEPERS Curated 80's + 90's vintage since 2015. **Unit 220 pottery empire** • Pottery pieces by studio artists.



## JAMES AVE

- 13 **132, Unit 102 Rubia Darya Gallery** • 6:30–9pm: Hand woven rugs by nomadic women of Central and W. Asia from 40 to 140 years ago.

## MAIN ST

- 14 **468 Parlour Coffee** • Open to 8pm. Artwork by Mariana Munõz Gomez.
- 15 **611 MAWA** • noon–1pm, First Friday Lecture: *Artist and Teacher = Art Collaboration* by Lita Fontaine. After 1pm join us for the launch of *Resilience: 50 Indigenous Art Cards and Teaching Guide*, a new education tool published by MAWA. Honoured guests are Elder Albert McLeod and Traditional Knowledge Keeper Ally Stoneypoint. Free.

- 15 **611 The Edge Gallery and Urban Art Centre** • 7–10pm. *Mucins* – solo exhibition by Mahri White.

## MCDERMOT AVE

- 16 **171 Forth Café + Bar** • Gallery: 5–9pm. 204 Thryft Market pop-up. Cocktail bar: 10pm. Have a cocktail and dance to dj Renee Girard & friends spinning records.
- 17 **212 Mayberry Fine Art** • Group show with Gallery artists.
- 18 **217 Tiny Feast** • Stationery & thoughtful gift ideas.
- 19 **222 Warehouse Artworks** • 5:30–9pm Opening: *HABITAT and WILDLIFE* – paintings by Lillian Adamson (1929–2019)

- 20 **237 The News Café** • 5:30–9pm. Art Talk/Art Walk: *A SENSE OF PLACE*. Printmaker Miriam Rudolph has lived in Paraguay and Canada and discusses how art can connect us to our environment, both to the places we live in and the places we leave behind. Reserve & pre-order: 204.421.0682.

- 21 **245, 4th Fl. Creative MB** • 6–7pm. First Fridays Panel: *Selling or Selling Out? Social Media Art Marketing*. Frances Koncan, Joy Balmana, Larisa Musick and Franklin Fernando discuss the pros and cons for artists. FREE and open to the public.

- 22 **245 Into the Music** • Independent record store. Hosting our 1st ever **Zine Fair**. Local independent zine-makers and collectors sell, trade, and show their creations. Free/all ages.

- 23 **246 Lennard Taylor Design Studio** • High-quality, fashion-forward women's clothing. Living mannequins in the windows.

- 24 **250 Sutton Smithworks** • “Crack the Safe Event” 25 prizes to be won & store-wide sales, 25% to 50% off select items.

- 25 **264 Tokyo Smoke** • Showcasing Photography by Susana Wonacott & Chips Vintage (+19 years)

- 26 **266 Winnipeg Architecture Foundation** • 7–9pm, Exhibit opening and book launch for *Dark Days*. Photographers William Eakin and Leala Hewak approach Winnipeg's 20th century urban landscape from a 21st century perspective. Free.

- 27 **290, 2nd Fl. aceart** • Main Gallery: *Between Temporal and Permanent Histories of Pain* – Lucille Kim. Examining memory and a sense of time encased by conditions of the human body. Flux Gallery: *Nuit Noire – Espace Noire*: celebrating emerging and established Black artists across all disciplines and practices. **Urban Shaman** • 7–9pm Lecture by Sadie Red Wing. *Fu\*\* the Stereotype: Revitalizing Indigenous Perspectives in Design*. Current Exhibition to 7pm – *These Tiny Helpers* by Dee Barsy. **6th Fl. Northlore** • 1–9pm. Botanical bodycare – non-toxic, ethical, sustainable.

## PACIFIC AVE

- 28 **213 Ching Wu** • 6–7:30pm: Shaolin Kung Fu Class.

## PRINCESS ST

- 29 **44, 4th Fl.** (Elevator/Stairs) 6–10pm. *EXPECTATIONS* by artists Cheney Lansard and Shouresh Jalili. New work and challenging visions put to the material realm. 1 night only.

## WATERFRONT DR

- 30 **270 Anchor Massage Therapy** • Sculpture and paintings by Louis Bako.

## WILLIAM AVE

- 31 **336 Little Brown Jug Brewing Co.** • Open to 11pm. At 7:30pm come for a free tour and learn how craft beer is made. There will be an infusion on tap.



**Title: First Fridays Winnipeg. Artist: Miriam Rudolph.** Double-Plate Colour Etching.

Only 4 of these First Fridays fundraiser prints remain. Drop in to Fleet Galleries or come to Miriam's Art Talk at the News Café on October 4 to purchase! [fristfridayswinnipeg@hotmail.com](mailto:fristfridayswinnipeg@hotmail.com).